



## Organised & delivered by Slough Hub

- Dance and Movement
- Weekend Multi-Activity Club
- Yoga
- Aerobics



## Organised by Sport Collective Delivered by Athena Angelo

- Gymnastics



## Delivered by Fights Republic

- Boxing



## Organised by Thames Valley Cavaliers Delivered by Full Court Connections

- Basketball

Week Day	Classes	Times
Monday	Dance and Movement - (Children 7-11 years old)	5-6pm
	Aerobics - (Adults)	6-7pm
Tuesday	Yoga - (Adults)	6-7pm
Wednesday	Gymnastics - (Children 4-5 years old)	5-5.50pm
	Gymnastics - (Children 6-8 years old)	6-6.50pm
Thursday	Basketball - (Children 6-8 years old)	5-6.30pm
Friday	Basketball - (Children 9-11 years old)	5-6.30pm
Saturday	Outdoor multi-activity club - (Children 7-11 years old)	1-3pm
	Boxing - (Children 9-12 years old)	2-3pm
	Boxing - (Children 12-18 years old)	3-4pm

## Pioneer Family Partnership presents



A range of FREE fitness classes  
starting from Monday 30th January 2023

All classes will be held at  
**Foxborough Primary School**  
Common Rd, Langley, Slough SL3 8TX

**Please see the timetable for the scheduled  
sessions for adults and children**



**Please scan the QR code below  
to register your place.**

There are limited places on all  
sessions, register now.

If you require further information,  
please contact  
Gurminder Khutan –  
[office@pioneerfamilypartnership.co.uk](mailto:office@pioneerfamilypartnership.co.uk)

Pioneer Family Partnership -  
Registration for Physical activities

