

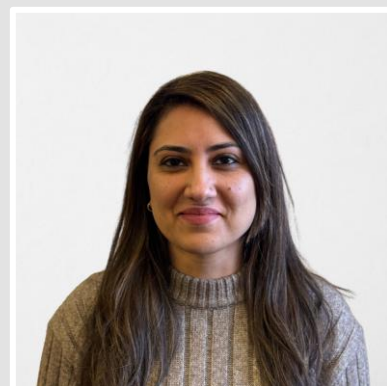
Marish Primary School Newsletter

Issue 91 - May 2026

Message from the Senior Leadership Team

Dear Parents & Carers,

As we move further into the Summer Term, I would like to take this opportunity to thank you for your continued support and engagement with our school community. It has been a busy and exciting start to the term, with many memorable experiences already taking place for our children. One of the highlights so far has been our fantastic Multicultural Day. It was wonderful to see the children celebrating the diversity within our school



community through a range of activities, traditional dress, music and shared learning experiences. The day provided a valuable opportunity for pupils to learn about different cultures and to celebrate the values of mutual respect, inclusion and tolerance. Thank you to all the families who contributed and helped make the day such a success.

Coming up, our pupils will also benefit from a variety of educational trips and workshops that support and enrich classroom learning. These experiences play an important role in developing children's confidence, curiosity and wider understanding of the world around them. In addition, we are excited for our annual Sports Day and Summer Fete, both of which are always wonderful occasions for our school community to come together and celebrate the children's achievements and talents.

We would love for you to keep up with our Instagram profiles to stay up to date with what we are doing at Marish and Willow Primary Schools. Please follow us at [@MarishPrimarySchool](#), [@WillowPrimarySchool](#) and [@MarishAcademyTrust](#). We thank you for your continued support!

Thank you once again for your ongoing support. We look forward to a successful and enjoyable Summer Term for all our pupils and families.

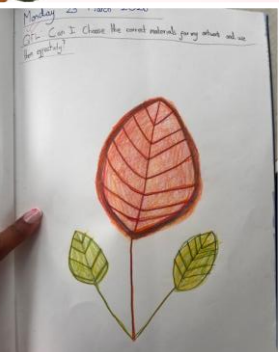
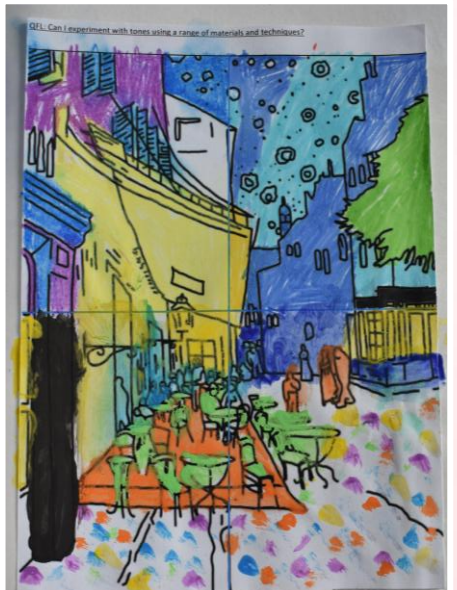
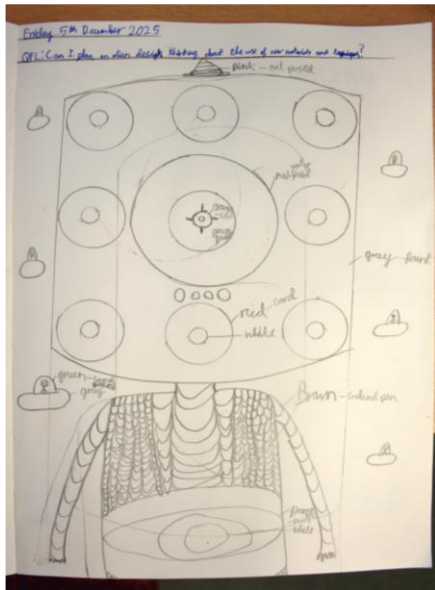
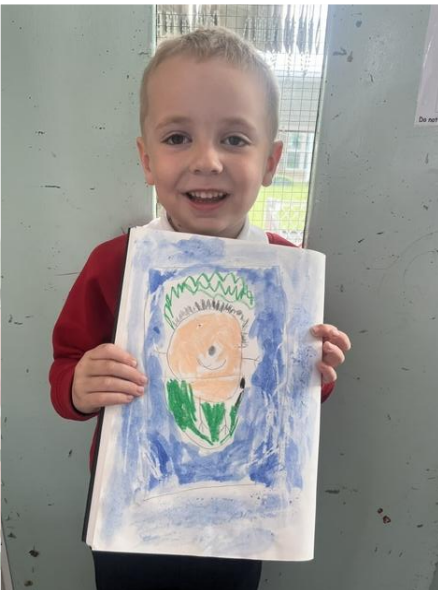
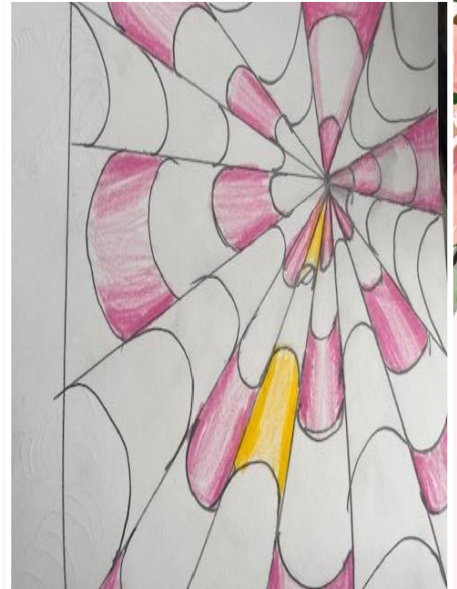
Warmest regards,

Mrs Mughal (Assistant Headteacher)

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Art Activities



KS1 and KS2 children have been exploring a range of artistic techniques, including sketching, painting and printing. Their wonderful artwork reflects creativity, imagination and developing skills across a variety of themes and styles. We are very proud of their fantastic efforts and achievements.

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PSHE Update



In Year 2, the children discussed different types of relationships including family and friendships. They focused on how to show kindness and respect and talked about different types of physical contact.

The children explored how some contact, such as hugs, can feel safe and caring, while other types may feel uncomfortable. They also learned the importance of speaking to a trusted adult if something does not feel right.

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Marish Got Talent



Children showcased their amazing talents with confidence and enthusiasm during Marish's Got Talent, making everyone proud. Please visit our Instagram page at [@MarishPrimarySchool](https://www.instagram.com/MarishPrimarySchool) to watch the performances.

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Multicultural Day



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Multicultural Day



Our annual Multicultural Day was a wonderful celebration of diversity, filled with performances, artwork, music and dancing. Children proudly showcased their learning about different cultures and traditions, while families came together to enjoy the vibrant community spirit. Thank you to all parents, carers and staff for helping make the event such a success.

Visit our Instagram page @MarishPrimarySchool to view highlights and performances.

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Spring 2 Diamond Pupils

These are our proud Diamond Pupils from the last half term.

The Diamond Pupil Award is presented to pupils who have consistently followed the Diamond Rules throughout the half term. As a reward for their excellent behaviour and attitude, the children enjoy a special food treat with the SLT and receive a Headteacher's Award and certificate.



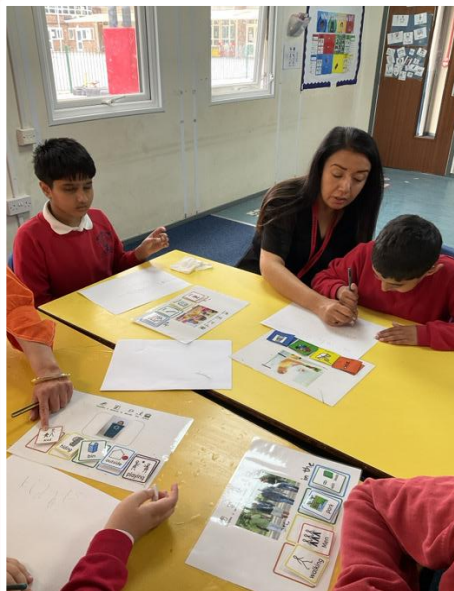
Will it be you next time?



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SEN Unit Activities



Children in SU8 have been enjoying a range of engaging activities across the provision. Some took part in arts and crafts, creating leaf pictures through printing, painting and collage activities. Others participated in speech and language sessions, developing their communication skills through play and interaction with peers and adults. Meanwhile, another group explored playdough activities, strengthening their fine motor skills by pinching, rolling and shaping dough while following playdough mats.

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Hertfordshire Zoo Trip



Year 1 enjoyed an exciting trip to Hertfordshire Zoo as part of their learning about animals and their habitats. The children loved exploring the zoo, observing a variety of animals and learning interesting facts about where they live and how they are cared for. The visit provided a fun and memorable opportunity to bring their classroom learning to life.

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Mosque Visit



Year 2 visited the Mosque as part of their RE curriculum, helping them deepen their understanding of faiths, cultures and the importance of the Mosque in the Muslim community.

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Gurdwara Visit



Year 3 visited the Gurdwara as part of their Religious Education curriculum. During the visit, the children learned about Sikh beliefs, values and traditions, and explored the importance of kindness, equality and helping others. The experience helped to deepen their understanding of different faiths and encouraged respect for diverse cultures and communities.

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PGL



Year 6 had an incredible time at PGL! From thrilling high rope courses to exciting team challenges, they created unforgettable memories and developed new skills in a stunning outdoor setting. The children showed great resilience, teamwork, and independence throughout the trip. The activities were full of fun and laughter, helping everyone bond and grow in confidence. It was a truly rewarding experience that they will remember for years.

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Marish Instagram account



We are proud to regularly share snapshots of learning, celebrations, and everyday school life with our families and wider community via Instagram.

Follow us to see more:

@MarishAcademyTrust

@MarishPrimarySchool



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ILM - Icelandic



International Language of the Month – Icelandic

Facts about Iceland:

- **Continent:** Europe
- **Population:** 390,000 people live on Iceland (2025)
- **Capital:** Reykjavik, which means 'smoky bay', with about 140,000 residents in the city
- **Name:** Republic of Iceland. (In the local language: *Island*); nickname: "Land of Fire and Ice"
- **Government:** Democracy
- **Language:** Icelandic, English (Nordic Languages and German are widely spoken)
- **Religion:** mainly Christians 95% (Evangelical Lutheran Church 74%)
- **Currency:** 1 *Islandic krona* (ISK)=100 *ore*
- **National Anthem:** *Ó, guð vors lands* (Our Country's God)
- **National Holiday:** 17 June (Independence Day)
- **National Symbol:** Falcon and the national colours: blue, white and red.

Now let's learn a few phrases:

Yes - Já

No - Nei

Good day - Góðan daginn, Góðan dag

Good evening - Gott kvöld

Hi / Hello - Hæ / Halló

Goodbye - Bless

Thank you – Takk

0 - núll

1- einn (m), ein (f), eitt (n)

2 - tveir (m), tvær (f), tvö (n)

3 - þrír (m), þrjár (f), þrjú (n)

4 - fjórir (m), fjórar (f), fjögur (n)

5 - fimm

6 - sex

7 - sjö

8 - átta

9 - níu

10 - tíu

Icelandic is the official language of Iceland. It is a Germanic language; this means that it is related to languages like English and German. It comes from Old Norse, the language spoken by the Vikings. As Iceland is an island far from other countries, the language hasn't changed much over time. This means Icelandic people can still read texts written hundreds of years ago! Many people also consider Icelandic one of the more challenging languages to learn!



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Parent Notices

Timings of the School Day

Soft start is from 8:15am to 8:30am for all year groups except Nursery.

SEN Unit:	Doors open 8:15am to 8:45am and then at 3:00pm
Nursery:	8:00 – 11:00am and 12:00pm – 3:00pm
Nursery full time	8:00am – 3:00pm
Reception:	8:30am – 3:15pm
Year 1 and Year 2:	8:30am – 3:15pm
Year 3 and Year 4:	8:30am – 3:25pm
Year 5 and Year 6:	8:30am – 3:25pm



Ensure that you drop your child off at the designated entrance. Do not leave them unsupervised on the school grounds.

Fees for Breakfast club and Meerkats

Meerkats	Before 4pm	After 4pm
	£2	£5
Breakfast Club	£1 per day	-
Late collection	£5 per 15 minutes	-

Full time only sessions, £2, parents still need to order and pay for school dinner in addition to this.

If you would like your child to attend Breakfast club or Meerkats you will need to apply for a space. For more information or an application form, enquire at the school office.

Please note, there is a different payment schedule for Pupil Premium/ Free School Meal pupils. Please contact the office before applying.

All pupils must be booked in advance otherwise they will not be allowed to attend. If your child attends Meerkats without a booking you will be charged the late fee. Children must not attend Breakfast Club without a booking as numbers are limited. Please book a week in advance.

You are required to sign your child in to Breakfast Club and out of Meerkats each day.

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Parent Notices

Playground Fundraising Initiative

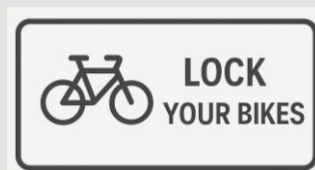
We are excited to share that both schools will be fundraising throughout the year to support the purchase of new playground equipment. A variety of events will be held across the year to help us reach this goal. We look forward to your support and involvement in these upcoming activities.

A Polite Reminder to Parents and Carers

We kindly request that no dogs (or any other pets) are brought onto the school premises, even if they are being carried.



Please also ensure that bikes and scooters are not ridden anywhere within the school grounds. There have been a few concerns raised about near accidents involving pedestrians. When leaving bikes in the designated bike area, please make sure they are securely locked.



Additionally, we ask all parents and carers to be considerate of our neighbours during drop-off and pick-up times. Please park responsibly and drive calmly and safely around the school.



Thank you for your cooperation in helping us maintain a safe and respectful environment for everyone.

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Parent Notices

A REMINDER ABOUT SAFE AND RESPECTFUL PICK-UP AND DROP-OFF

We would like to remind all families about the importance of safe, sensible and respectful behaviour during pick-up and drop-off times.

For everyone's safety, please ensure that:

- Pavements are kept clear and not used for parking, so that children, pushchairs and families who cannot step into the road can pass safely.
- Local residents' driveways are not blocked and the surrounding community is respected.
- Rubbish is taken home and not left in the local area.

We also ask that all adults speak to one another in a calm, polite and respectful manner at all times. As a school community, we are role models for our children, and they look to us to demonstrate kindness, patience and understanding.

Our school serves many children with additional needs, including those who may move unpredictably or require the safety of the pavement at all times. Please be mindful of this and show consideration to all families.

Thank you for your cooperation in helping to keep our school community safe, welcoming and supportive for everyone.

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Parent Notices

Marish School Uniform

Our Marish school uniform is:

- Red Sweatshirt or cardigan
- Navy blue trousers, shorts or skirt
- White shirt or polo shirt
- Black sensible shoes (no boots, high heels or platforms)
- (Nursery – the above with dark coloured jogging bottoms)
- PE Kit – plain red T-Shirt (round neck or polo), navy/black shorts.
- A dark tracksuit (plain or with a small logo) to wear over the PE Kit for outdoor lessons in cold weather. Trainers/plimsolls are needed for all PE lessons.

All items of clothing must be clearly labelled with the child's name.

The only jewellery allowed is one small stud in each ear, a watch and that which is a specific religious requirement. **These must all be removed for PE.** The child must take full responsibility for looking after these items. the school will accept no responsibility for their loss or damage.

PE and Games – PE is not an optional subject, it is a part of the national curriculum.

Swimming in KS2 – Swimming is not an optional subject. A letter with swimming costume requirements will be sent when your child is in year 4.

Activities to keep fit at home

Exercise: Captain Marvel Stops the Skrulls

Players: 2 or more

Where to play? Indoors or outdoors

How to play



1. Scrunch up some paper balls in a bucket or laundry basket.



2. Choose 1 player to act as Captain Marvel. They try to empty the container, 1 paper ball at a time.



3. The other players are sneaky Skrulls, throwing balls back in.



4. Captain Marvel can use their hands as a force field to block the balls. The game ends when the container is empty.



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Healthy Lifestyle

GOOD OLD FISH AND CHIPS

Preparation time – 10 mins

Cooking time - 40 mins

Makes – 4

Ingredients

- 4 potatoes, scrubbed, each cut into 8 wedges
- 1 tablespoon vegetable oil
- 75g dried white or wholemeal breadcrumbs
- 1 egg, beaten with 2 tbsp cold water
- 4 fillets skinless white fish, like haddock, cod or pollock



Method

1. Preheat the oven to 200C (fan 180C, gas mark 6). Lightly grease a baking sheet with a little vegetable oil.
2. Put the potato wedges into a roasting tin. Add the remaining vegetable oil and toss to coat. Season with black pepper. Transfer to the oven to bake for 35 to 40 minutes, turning them over after 20 minutes.
3. Meanwhile, sprinkle the breadcrumbs onto a large plate. Season with a little pepper. Dip each fish fillet in the beaten egg, then coat in the breadcrumbs. Place on the baking sheet, then transfer to the oven when you turn the potatoes, so that it cooks for 15 to 20 minutes. To check that the fish is cooked, it should flake easily when tested with a fork.
4. Heat the mushy peas in a saucepan, then serve with the fish and chips.

<https://www.nhs.uk/healthier-families/recipes/homemade-fish-and-chips/>

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Healthy Lifestyle

Marish

May 2026

Reception: **92.9%**

Year 1: **94.5%**

Year 2: **94.8%**

Year 3: **94.9%**

Year 4: **95.2%**

Year 5: **95.4%**

Year 6: **94.5%**

Target: 96%



November's 100% attendance reward was a pack of a maltesers!



Below 90% Serious Concern

Drastic effect on academic success

95- 90% Cause for Concern

Negatively affecting academic success

100%- 96% WELL DONE

Achieving full potential

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E-Safety

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMING SERVICES

WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

NEXT EPISODE

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching comes a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include enabling a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting lolly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website

@wake_up_weds

www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.03.2026

Marish Primary School Newsletter

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Some Useful Information



Virtual Coffee Morning - Family, siblings and homelife

Friday 19th June - 10:00 - 11:00am **25 spaces available!**

Join our online informal discussion to cover the following areas:

- Creating a home that works for everyone's needs and rhythms
- Supporting sibling bonds
- Navigating family tensions with empathy and realistic expectations
- Letting go of 'perfect' parenting

Please note this is not a workshop but support group for parent/carers and any medical advice should be sought from your medical practitioner.



Sign Up Today!

Available for families who reside in or have a registered GP in East Berkshire with a child who is Autistic/ADHD (suspected/pathway/diagnosed)

To book your place contact GEMS:

 Gems.4Health@nhs.net  0800 999 1342



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FOOTBALL MANIA FAMILY FUN DAY

MON 25 MAY

Online support courses for Parents



Building Emotional Resilience

Work through six stages of directed exercises to help your child (and yourself) improve emotional resilience.



Facing Defiance

A specific strategy aimed at supporting parents of children aged 5 to 12 with ADHD, ODD or just very challenging behaviour.



You & Your Teen

A skills building course for one parent and one teen (12 years old and above) to learn how they can both improve their communication with each other.

www.facefamilyadvice.co.uk
Online Parenting Courses page
Email: info@facefamilyadvice.co.uk



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Some Useful Information

TRY A CLASS
FOR FREE



Now showing, **CONFIDENCE!**

Drama, dance & singing classes
designed to help 4–12 year olds shine

**“ My son has adored his first term at Perform.
He has blossomed and I've seen his confidence grow every week.”**

Pippa Wotton



Play is a **POWERFUL THING**

Perform classes help boost children's **confidence, concentration, coordination** and **communication** skills, as well as being lots of fun.

Our expertly designed drama, dance and singing sessions for 4-7s and 7-12s are run by experienced teachers, hand-picked for their warmth and approachability. They'll be with your child every step of the way – inspiring and encouraging them to develop vital life skills as they discover the joy of performing.

What does Perform offer?

- Performing arts-based games and exercises
- Focus on a different social skill each week
- Small classes and feedback on your child's progress
- Specially created scripts, videos and apps
- End of term presentation for family and friends

“ Perform helps develop all key areas of a child in a fun, supportive and engaging way. It gives my daughter a brilliant sense of fun, community, purpose and pride in her achievements.”

Begum Bari



Ready to try for free?

Your child's first class is free, so why not give it a go? Classes take place all over, have a look online or call us:



perform.org.uk/try 020 7255 9120

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Some Useful Information



June 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long
£24 each or FREE with School Membership
 Book online at facefamilyadvice.co.uk
 Recordings available for 48 hours

Understanding Anger	1 June 10am
School Anxiety	1 June 7pm
Facing Defiance	2 June 10am
Supporting Healthy Screen Use	2 June 7pm
Anxiety Explained	8 June 10am
Cannabis & Ketamine Awareness	8 June 7pm
Introduction to OCD	9 June 10am
What is ACT?	9 June 7pm
Decreasing Depression	15 June 10am
Raising Self-Esteem	15 June 7pm
Understanding the Teenage Brain	16 June 10am
Supporting Healthy Sleep	16 June 7pm
Improving Family Communication	22 June 10am
Autism-Improving Communication	22 June 7pm
Supporting a Child with ADHD	23 June 10am
Understanding Addictive Behaviour	23 June 7pm
ADHD and Homework	25 June 7-8pm

£4 Per Session
 OF £12 for 4

CURVE EXPLORERS
 TUESDAY 26 MAY

From 10am to 3pm
Ages 5+ years

DJ Skills
Arts and Crafts
Street Dance

60 min Fun Filled Workshops
Try Something New!

CURVE VENUE
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 01753 303 035

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 Borough Council
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